MURIWAI Challenge- Year 8

- To successfully complete the Muriwai challenge you need to complete a minimum of **twelve** challenges. You need to complete all of the three academic challenges and then make up the remainder from the other areas.

- You need to have completed at least one challenge from each of the other areas.

- With the help of your parents and teachers you may write your own challenges or modify existing challenges. They must be approved by your teacher.

- It is up to you to meet with your teacher and show that you have completed each challenge.

- It is **quality** not **quantity** that counts so take your time to do each challenge with excellence!

- The completion date for the Muriwai Challenge is **Friday 10th November 2017.**

Congratulations ! You are taking part in the Muriwai Challenge for 2017

The tasks are designed to test you and challenge you to do your very best, some over a long period of time. Keep talking to your class teacher about the challenges you are working on, and remember to keep a record of your work so when you have finished one task, you have your evidence of learning to present.

Good luck and enjoy doing some work which interests you.

Giving:

	Self	Parent	Teacher
G1. Give to children in need: Participate in the 20 or 40 Hour famine. Raise a minimum of $60.	☐	☐	☐
G2. Give to your family: Prepare 10 meals over the course of the year.	☐	☐	☐
G3. Give to those in need: Find a way to help those in need (food collection for Salvation Army etc).	☐	☐	☐
G4. Give your time: Over the year spend at least 20 hours volunteering (e.g. St Johns, IHC, SPCA, daffodil day).	☐	☐	☐
G5. Give your skills to help others: complete a First Aid Course or join surf life saving to help others or coach or umpire at a junior level.	☐	☐	☐
G6. Design your own challenge.	☐	☐	☐

Service in School and Community:

	Self	Parent	Teacher
S1. Improve your skills: Continue as a librarian and help train others.	☐	☐	☐
S2. Take on responsibility and keep it for the year (e.g. COW monitor, road patrol and wet day).	☐	☐	☐
S3. Help make our school look great: Choose an area of the school and improve it.	☐	☐	☐
S4. Care for younger children: Organise a series of eight lunchtime activities, games or competitions for younger students.	☐	☐	☐
S5. Join a community group and help others (e.g. cubs/scouts/ church group etc).	☐	☐	☐
S6. Design your own sustainability challenge.	☐	☐	☐

Physical Activity and the Outdoors:

	Self	Parent	Teacher
P1. Improve your fitness: Over a five week period complete a run or walk of at least 50km or cycle 100km.	☐	☐	☐
P2. Improve your swimming: Swim a total of 700m non stop.	☐	☐	☐
P3. Explore the outdoors: Complete a day or overnight hike	☐	☐	☐
P4. Undertake and compete in an public event (e.g. triathlon, round the bays, soapbox derby, Auckland ½ or ¼ marathon).	☐	☐	☐
P5. Compete in a sport for an entire season.	☐	☐	☐
P6. Represent our school in two of the zone field days in softball, swimming, orienteering, soccer, cross country, touch and athletics.	☐	☐	☐
P7. Design your own challenge.	☐	☐	☐

Academic Excellence:

	Self	Parent	Teacher
A1. Complete 80% of set numeracy tasks.	☐	☐	☐
A2. Complete 80% of set literacy tasks (Reading/Writing/ Spelling).	☐	☐	☐
A3. Read at least two appropriate novels per term.	☐	☐	☐
A4. Design your own challenge.	☐	☐	☐

Excellence in the Arts:

	Self	Parent	Teacher
E1. Prepare, practice and present a high quality speech.	☐	☐	☐
E2. Create a presentation using ICT.	☐	☐	☐
E3. Learn an instrument or join a dance school and present at an assembly.	☐	☐	☐
E4. Choose a topic and present your visual interpretation in at least 3 different media (e.g. painting, sculpture, tapestry).	☐	☐	☐
E5. Write and present a short play for a senior assembly.	☐	☐	☐
E6. Participate in the choir , kapa haka, band/ukulele or kids lit. for the year attending all rehearsals and performances.	☐	☐	☐
E7. Design your own challenge.	☐	☐	☐